

ME AND MY UNIVERSE: **A SPIRITUAL ENCYCLOPEDIA**

By Dr. Sandra Adler

BOOK 11 - MY COMMUNICATION

I talk to myself and I talk to you.
I talk to my angels my whole life through.

Sharing with me and sharing with you
Is one of the things I like best to do.

I listen, of course, to get the message.
When I have my facts there is no guessage.

Communication – a very big word
To describe what I said and what you heard.

Or it can be the other way around –
What I thought you said when I heard a sound.

It all starts when I listen to myself -
I do not put my feelings on a shelf.

My body tells me what is good to eat.
When I feel tired I get off my feet.

Hearing my body is keeping me well.
If it works for me I've something to tell.

It's true – everybody communicates
From before we're born till the Pearly Gates.

Do we all communicate the same way?
No, indeed, we are not the same, I say.

Everyone has the four spiritual gifts.
When you learn about this your spirit lifts.

**We have one that is the most important.
It's how our angel's messages are sent.**

**Do you wonder why you don't understand
The way some people talk? It sounds so bland.**

**There are people who share in such detail
And talk so long that I feel I'm in jail.**

**There are four different types of talking style.
The ones who talk like you will make you smile.**

**To understand the others takes more work
But if you don't try they'll think you're a jerk.**

**Some people talk slowly and others fast.
They talk about the future and the past.**

**I have the present, the beautiful now,
To tell you I love you. I do, and how!**

**People have accents from far away lands.
We use our voices and we use our hands.**

**Some speak Spanish at home, English at school.
Language is a very good speaking tool.**

**I live in two worlds all at the same time.
Not talking to my angels is a crime.**

**They communicate spiritually
Every day with love – to you and to me.**

**In the physical, material world
I communicate with my mouth all curled.**

**Different sounds come out and go to your ears.
Or I move my hands and your eyes have tears.**

**I need a body for this kind of talk.
Just like I need one in order to walk.**

**Communicating spiritually
With my thoughts and feelings inside of me**

**Is different because it is silent talk.
Like when I talk to nature on a walk.**

**Some people call it the way that you learn.
You can either see, hear or feel a fern.**

**The visionary person needs to see
In order to learn an A, B or C.**

**An intuitive is the one who hears.
To learn he's the one who uses his ears.**

**For the auditory type of learner
Pictures will be put on the back burner.**

**Our thoughts and ideas are very clear;
And what's most important is what we hear.**

**It sounds like a small voice inside my head.
I got bright ideas from what they said.**

**Sometimes I will hear someone call my name
When no one is there. This is not a game.**

**The Intuitive person can hear this.
Listening, understanding surely is bliss.**

**It's my angels who love me every day
Telling me they are there and want to play.**

**Sometimes I'll hear what someone is thinking
When I'm being quiet eating and drinking.**

**And sometimes I'll hear music in my head.
It's like angels singing to me in bed.**

**My angels' voices I will always hear.
Even after I've left my body here.**

**The Intuitive can hear what you share.
He's a born leader who wants to be fair.**

**This person is honest, direct and frank.
He will tell the truth – on that you can bank.**

**A feeler is the one who needs to touch
Only this way can he learn very much.**

**Prophetic people know what is to come.
They know a lot of things but don't tell some.**

**I communicate when I dance and sing;
And acting is an enjoyable thing.**

**But what is better than movies or rides
Is talking with my spiritual guides.**

**My purpose in life is to be the Real Me;
Being loyal to myself I'll always be free.**

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