

# **ME AND MY UNIVERSE:** **A SPIRITUAL ENCYCLOPEDIA**

By Dr. Sandra Adler

## **BOOK 9 - LIMBO**

Limbo for me is sitting on a fence  
I'm not in action, it doesn't make sense.

When I'm waiting for someone to do it  
I don't like waiting till he gets to it.

Can you help me lift this or tie my shoe?  
It's taking so long; what is wrong with you?

I am hungry and want to eat some food.  
When I don't get fed I'm in a bad mood.

What are you doing that keeps you busy?  
Don't you notice that I'm getting dizzy?

Always waiting for others is so lame.  
And I'm the only one I have to blame.

Being in limbo is really boring  
It's like I'm awake but still am snoring.

It's a lot more fun to do it myself.  
I feel strong and good like a helpful elf.

Waiting to be picked so that I can play  
Can make it for me an unhappy day.

I think I'm not popular; I don't fit  
My angels tell me that I'm a big hit.

They're all going swimming and look so cute  
But I don't look good in my swimming suit.

**So I don't go, I stay home and I pout  
Being in limbo I leave myself out.**

**I want to try out for activities  
But I'm not perfect is what I believe.**

**I always think I'm not perfect enough.  
So I sit around and make my life rough.**

**There are times when I say 'yes' then say 'no'  
And I just can't make up my mind, you know.**

**When I'm wishy-washy it is no fun  
Can't decide whether to sit or to run.**

**When I'm stuck in that place I feel so bad  
Want to blame you for the sad day I had.**

**Thinking and more thinking is wasting time.  
I could be involved; so this is a crime.**

**Competition with others is a game.  
This is a waste of time and really lame.**

**I compete with myself to do my best.  
I'm always getting better. That's the test!**

**I want to help in the school library.  
I'm in limbo; to ask is too scary.**

**Limbo is living a habit that's bad.  
My time is better spent making me glad.**

**When I mind my business I feel so fine.  
My business is ME; my business is mine.**

**I am in charge of my thoughts and feeling.  
To make myself happy is so healing.**

**Having more 'ups' than 'downs' during the day  
Means I'm on the right track – going my way.**

**More 'downs' than more 'ups' is the limbo game  
It's time to take action and quit the blame.**

**My time is very important to me.  
Not wasting my time fills my soul with glee!**

**I'm here for a reason to do for me.  
When I'm in limbo I'll never be free.**

**When I'm 'trying' I'm in the limbo game.  
Doing for myself is for what I came.**

**My purpose here is to learn about me.  
In limbo means from my purpose I flee.**

**My purpose in life is to be the Real Me;  
Being loyal to myself I'll always be free.**

**Doing my purpose I feel good inside.  
Being in limbo from feelings I hide.**

**Limbo is a place in my intellect  
Where excuses and blaming do collect.**

**Like attracts like on this earth and beyond.  
With positive people I want to bond.**

**When I pass on the place I want to go  
Where there's lots of hope and no one says, 'no.'**

**I can give myself my daily jump-start  
That's when I really feel good in my heart.**

**When I make the first move to say, "Hello"  
I feel very good I want you to know.**

**My angels come close when I move to act.  
Limbo keeps them far away. That's a fact.**

**I feel lonely when my helpers are far  
But when they're close by I feel like a star.**

**Stay out of limbo is the key for me  
Making up my mind is really easy.**

**I don't ask questions because I'm too shy  
Then I see everyone passing me by.**

**I wait and wait to be asked to the dance.**

**I could make a phone call and take a chance.**

**Kids sometimes tease me and call me a nerd  
Then when I win they do not say a word.**

**If I care what others say when they tease  
I will spend my whole life wanting to please.**

**Since it's only my life I have to live  
I'll get out of limbo and start to give.**

**I will make decisions on what I feel  
That is good for me and is really real.**

**Have you heard about the chicken and pig?  
The chicken always thought she was so big.**

**She would boast to the pig about her egg  
That she laid every day beside her leg.**

**While the pig listened to her quietly  
Chicken bragged how she helps society.**

**Until one day on a sign saw the pig  
A platter of ham and eggs that was big.**

**He said, "Chicken, can you see through the fog?  
You do a good thing but I go whole hog."**

**A chicken I would not like to be like  
Who sits down when others go on a hike.**

**I would rather be whole hog like a pig.  
And put my heart and soul into my gig.**

**So go out and hit a home run for you.  
Be your very best in all that you do!**

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