

## The Affluent Stage

### The Benefits You Will Receive in addition to the Journeyman Level:

1. A technique to prepare for yourself an in-depth projection showing the strengths, pitfalls and tendencies in front of you for the month.
2. Quarterly alarms in the areas of Personal, Business and Social to keep your energy crystal clear.

### How This Plan Will Help You in addition to the Journeyman Level:

#### Making Your Avocation Your Vocation

Earn abundance doing what you have come to do.  
Become a spiritual entrepreneur.  
Market your spiritual services to your apprentices.

#### Privileges:

1. Instructor opportunity in all movements founded by Dr. Francisco Coll
2. First priority for ALC instructorship opportunity at National Conference Centers for courses you have taken.
3. First priority on future home-site leases at National Conference Centers.

### Prerequisites in addition to the Journeyman Level:

#### You must be:

1. Currently sponsoring at least two people in SMP.
2. A certified Astro Soul<sup>SM</sup> 764-D trance healer.
3. A current 764-A, 'B' and 'C' trance healer.
4. A Level III subscriber to the La Familia Nuestra<sup>TM</sup> calendar, subscription.
5. A consultant in the ALC 1002-A: Blockage Discovery Profile, 1003-A, and 7004: Inner Guidance and My Spiritual Thrust profiles.
6. Trained in Astro Soul<sup>SM</sup> courses 738 E, F, G and H:
7. You must have experienced two **Family World**<sup>®</sup> 8101: Family Concepts and Traditions<sup>SM</sup> profiles.

#### Cost:

1. The cost for member ship in this program is \$2880.00 for two years - \$4.00 per day.
2. If your membership is paid in full at the beginning, it will be \$2800.00.
3. You may also pay by \$360.00 (USD) installments every three months.
4. The \$360.00 is always paid three months in advance of the benefits received.
5. Each member receives a statement every three months for the next amount due.

## The Wayshower<sup>SM</sup> Stage

### The Benefits You Will Receive in addition to the Affluent Level:

1. Opportunities to navigate smoothly amongst business, personal and social energies.
2. Keeping the big picture of the SMP program and receiving insights from spirit.
3. The privilege to back everyone in the SMP program 24 hours a day, 7 days a week.
4. Consistently providing monthly materials by mail or e-mail.

### How This Plan Will Help You in addition to the Affluent Level:

#### Being an Angel in a Physical Body:

Live a solution-oriented, non-judgmental life of spiritual service helping others masters their life's purpose while enjoying every minute.

#### Privileges:

You will receive the same privileges as at the Affluent Level.

### Prerequisites in addition to the Affluent Level:

#### You must be:

1. Currently sponsoring at least five people in SMP.
2. At the SMP Affluent Level for at least two years.
3. "T" trained in all 14 **La Puerta Rica**<sup>SM</sup> chakra courses.
4. An 8101: Family Concepts and Traditions consultant.

#### Cost:

1. The cost for membership at this level includes all monthly materials, envelopes and postage.
2. It also includes the expenses for the quarterly materials such as the Preparing Your Environment Surveys, Preparing Your Concepts Surveys, the SMP Project Board system and the Apprentice Discernment Method materials.
3. It also includes quarterly payment of commissions to SMP sponsors and Dr. Francisco David Coll.

**Spiritual Monitoring Plan**  
**PO Box 4900**  
**Washington, DC 20008**  
**Phone (800) 336-8008**

smpplus@alcworld.com

## TESTIMONIALS

*"The Spiritual Monitoring Plan is like having a supercharged guidance system. It is a deeply personal contract between my true self, my spiritual helpers, and the 4,000 Astro Soul angels, with the backing of a facilitator in the physical world. I have no doubt that miracles have occurred during key points in my life as a direct result of SMP."*

**Dr. Dorinda Fox, National Director of Training and Employment, Placitas, New Mexico**

*"SMP has inspired me to stay in the Big Picture of Life. My life has become more fulfilling and more joyful since I have been doing SMP."*

**Judy Katzin, Speech & Language Pathologist, Durango, Colorado**

*"SMP has benefited me in so many ways, as a Visionary it has been important for me to have the opportunity to regroup on a monthly basis and keep the big picture clear."*

**Mary Louise Culbreath, Portrait Artist and Illustrator, Ripley, Tennessee**

*"Having the gift of re-grouping every month (or at anytime, if I like) with my spiritual sister, my SMP advisor, is so valuable. I learn, laugh and love every moment, similar to an ALC course every month."*

**Rev. Colleen South**  
**Business Owner, Vista, California**

*"I constantly feel the backing my angels have to give me insights beyond my wildest dreams. I know who I am and why I am here; I am grateful to the energy of SMP for my inner peace."*

**Dr. Sandra Adler, Spiritual Consultant, La Quinta, California**

# Spiritual Monitoring Plan<sup>SM</sup>

A COURSE OF STUDY TO REFINE YOUR PERSONAL

A PATH TO LIVING THE WAYSHOWER WITHIN<sup>SM</sup>



# SMP

A DEEPER COMMITMENT<sup>SM</sup>

A WORLD OF SPIRITUAL KNOWLEDGE AND GUIDANCE FOR YOUR EVERYDAY LIFE. AN INTENSIVE PERSONALIZED SERVICE WITH 5 LEVELS OF OPPORTUNITY.

## PURPOSE

If you feel pressure in certain areas of your life, you may be held back spiritually from accomplishing your purpose if you are not aware of how to deal with those pressures.

The Spiritual Monitoring Plan<sup>SM</sup> targets the areas of personal need and conflict you may be facing in order to clarify your direction in life.

The plan is designed to assist you in clarifying patterns of confusion in your life and ways these areas can be overcome.

With consistent application of the SMP<sup>SM</sup> personalized tools and techniques, you can redirect your energy to a happier and more successful life.

You are then free to pursue your daily challenges with enthusiasm and to see each day as a new opportunity to move forward in your spiritual thrust and accomplishing your life's purpose.

There are five different levels in SMP: the Awakening stage, the Apprentice stage, the Journeyman stage, the Affluent stage and the Wayshower stage.

Read over the descriptions in this brochure to discern if the Awakening or the Apprentice stage is the level for which you will apply to on your way to a new world of spiritual knowledge and guidance for you life.

### History

*The Spiritual Monitoring Plan (SMP) was created by Dr. Francisco Coll in 1979. He was active in the field of human relations for over 45 years. He was an author, professor and the Founder of the Americana Leadership College® and its many educational services.*



*Dr. Coll was a preeminent leader in the field of self-development and self-leadership. He is known internationally for the techniques he unfolded to help people understand themselves and the universe in which they live.*

*The Spiritual Monitoring Plan is currently being directed by key Wayshowers who were involved in SMP under Dr. Coll.*

## THE AWAKENING STAGE

### The Benefits You Will Receive:

1. Your sponsor's personal attention on your spiritual life.
2. The back-up of being monitored and protected by the 4000 souls working with the Astro Soul<sup>SM</sup> energy.
3. Occasional regroupings with your SMP sponsor.
4. Spiritual growth from your Home Study Program counseling lessons.
5. Consistency from doing your spiritual routines.

### How This Plan Will Help You:

#### Inner Guidance:

Organize your communication with your guidance.  
Keep your motives clear.  
Ask for help when you need it.  
Get the facts from the start.

#### Direction:

Follow your feelings.  
Set goals.  
Cleanse yourself and your environment.  
Regroup and learn more from your experiences.

#### Self-Respect:

Recognize your good qualities.  
Set your boundaries.  
Do for yourself.  
Evaluate your desires in life.

#### Prerequisites:

1. You must have experienced the ALC 1001: Orientation Profile, 1002-A: Blockage Discovery Profile, Astro Soul<sup>SM</sup> 2006: Personal Regrouping Profile and 7004: Inner Guidance and My Spiritual Thrust profile.
2. You must be a subscriber to a Home Study Program (HSP) of your choice.
3. You may not have any outstanding debts to the programs founded by Dr. Francisco Coll.
4. You must have heard the **Man and the Universe**® Orientation Lecture and experienced the *Exploring Inner Dynamics*<sup>SM</sup> workshop.

#### Cost:

1. The cost for member ship in this program is \$720.00 for two years - \$1.00 per day.
2. If your membership is paid in full at the beginning, it will be \$700.00.
3. You may also pay by \$90.00 (USD) installments every three months.
4. The \$90.00 is always paid three months in advance of the benefits received.
5. Each member receives a statement every three months for the next amount due.

## THE APPRENTICE STAGE

### The Benefits You Will Receive *in addition* to the Awakening Level:

1. A technique to prepare for yourself an in-depth projection showing strengths, pitfalls and tendencies in front of you for the month.
2. Special techniques to help you stay relaxed in your environment.
3. A technique to discern and find your SMP apprentices.
4. Monthly regroupings with your SMP sponsor.

#### Discerning Pressures:

What pressures you consistently?  
How do you attract pressure?  
What you can do about it.  
Use your sensitivity as an alarm system.

#### Inner Organization:

Understand your key thrust this lifetime.  
Decide your priorities for your personal, business and social life.  
Learn to work in compact units.  
Become more discerning of what is you and what isn't.  
Learn how to keep your life simple.  
Learn to become a better communicator.

#### Prerequisites *in addition* to the Awakening Level:

1. You must have experienced the 1002-B: Policies and Procedures of Life and 1003-A: Percentage of Balance in the Glandular System profiles.
2. You must be a certified "A" trance healer.
3. You must be a Level I subscriber to the La Familia Nuestra<sup>TM</sup> calendar and energy subscription. (LFN)
4. You must have taken ALC course #500: How to Present the **Man and the Universe**® Orientation Lecture.

#### Cost:

1. The cost for member ship in this program is \$1440.00 for two years - \$2.00 per day.
2. If your membership is paid in full at the beginning, it will be \$1400.00.
3. You may also pay by \$180.00 (USD) installments every three months.
4. The \$180.00 is always paid three months in advance of the benefits received.
5. Each member receives a statement every three months for the next amount due.

## The Journeyman Stage

### The Benefits You Will Receive *in addition* to the Apprentice Level:

1. A technique to prepare for yourself an in-depth projection showing the strengths, pitfalls and tendencies in front of you for the month.
2. A project board system that, with a glance, alerts you to the energies affecting you in your environment.
3. A quarterly commission for each person you sponsor into SMP.

### How This Plan Will Help You *in addition* to the Apprentice Level:

#### Living Your Thrust

You will get extra help in the areas where you have confusion: spiritual, organization, physical and direction.  
Pass on to your apprentices what works for you.  
Feel the fulfillment of helping a soul for eternity.

### Prerequisites *in addition* to the Apprentice Level:

#### You must be:

1. Currently sponsoring at least one person in SMP.
2. A certified 764-A, "B" and "C" trance healer.
3. A Level II subscriber to the La Familia Nuestra<sup>TM</sup> calendar, energy subscription.
4. A 1001: Orientation Profile consultant.
5. Certified in ALC courses: 500-A: How to Present the *Exploring Inner Dynamics*<sup>SM</sup> workshop, 421: Professional Spiritual Instructorship and 738 A, B, C and D: Evolution of Mysticism and the Human Psyche series.

#### Cost:

1. The cost for member ship in this program is \$2160.00 for two years - \$3.00 per day.
2. If your membership is paid in full at the beginning it will be \$2100.00.
3. You may also pay by \$270.00 (USD) installments every three months.
4. The \$270.00 is always paid three months in advance of the benefits received.
5. Each member receives a statement every three months for the next amount due.